

Essential Oils Digesti 60 Pearls

EAN: 8436612680118 FABRICANTE: EQUISALUD



Essential oils Digesti in pearls helps the digestive system. The combination of essential oils that are part of this formulation can act synergistically to provide a digestion-stimulating effect.

DESCRIPTION

What is Essentials Oils Digesti?

Essential oils Digesti in pearls is a food supplement that helps the digestive system. These are its benefits: Benefits and properties of Essential oils Digesti in pearls It collaborates by stimulating digestion. Support in case of gases. It contributes by providing antispasmodic, antiseptic, anti-inflammatory and antiemetic properties. Helps in case of nausea or upset stomach. Main components of Essential oils Digesti in pearls Ginger essential oil, Zingiber officinale Ginger has been used for centuries for its properties, especially in the digestive field. Ginger root contains bioactive compounds such as gingerol, known for its anti-inflammatory and antioxidant action.

What is the method of use and recommended amount of Essentials Oils Digesti?

Take one to three pearls a day, preferably with meals. Do not take more than three pearls a day.

What are the benefits of Essentials Oils Digesti?

- Collaborates by stimulating digestion.
- Support in case of gases.
- It contributes by providing antispasmodic, antiseptic, anti-inflammatory and antiemetic properties.
- Helps in case of nausea or upset stomach.

What is the composition of Essentials Oils Digesti?

- Sunflower oil (*Helianthus annuus* L.), 478 mg.
- Ginger essential oil (*Zingiber officinale* Roscoe, rhizome, QT: ?-zingiberene), 2.5 mg.
- Cardamom essential oil (*Elettaria cardamomum* (L.) Maton, seed, QT: terpenyl acetate), 2.5 mg.
- Peppermint essential oil (*Mentha x piperita* L., aerial parts, QT: menthol, menthone), 2.5 mg.
- Dill essential oil (*Anethum graveolens* L., seed, QT: carvone, limonene), 2.5 mg.
- Sage essential oil (*Salvia officinalis* L., aerial parts, QT: alpha-thujone, beta-thujone), 2.5 mg.
- Myrrh essential oil (*Commiphora myrrha* (Nees) Engl., gomorresin, QT: furanoeudesmediene), 2.5 mg.



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- Frankincense essential oil (*Boswellia carterii* Birdw., gumresin, QT: alpha-pinene, limonene), 2.5 mg.
- Oregano essential oil (*Origanum vulgare* L., florida sumidad, QT: carvacrol); 2.5 mg.
- Extract rich in tocopherols (antioxidant), 2 mg.
- Wrapper: Gelatin and humectant (glycerin).

Ginger essential oil, *Zingiber officinale*

Ginger has been used for centuries for its properties, especially in the digestive field. Ginger root contains bioactive compounds such as gingerol, known for its anti-inflammatory and antioxidant action. This principle **can help relieve gastrointestinal discomfort** by reducing inflammation and improving motility of the digestive tract. Additionally, ginger has been shown to have antiemetic properties, which may be beneficial for those experiencing nausea or an upset stomach.

Cardamom essential oil, *Elettaria cardamomum*

Cardamom, with its distinctive aroma and pungent flavor, is more than just a culinary spice. Its essential oils contain compounds such as cineole and limonene, which have demonstrated carminative properties, that is, the ability to relieve the formation and elimination of gases in the digestive tract. Additionally, cardamom may have antispasmodic effects, helping to calm the muscles of the gastrointestinal tract and relieve symptoms of colic and spasms.

Peppermint essential oil, *Mentha x piperita*

Mint is known for its freshness and ability to relieve indigestion. Its essential oils, such as menthol, have relaxing properties that can help reduce muscle spasms in the digestive tract. Additionally, mint can contribute to the expulsion of gas, providing relief to those who suffer from abdominal bloating. Its antiseptic effect may also be valuable in maintaining gastrointestinal health by inhibiting the growth of unwanted bacteria.

Dill essential oil, *Anethum graveolens*

Dill, known for its use in cooking, also has medicinal properties that can be beneficial for the digestive system. Its essential oils contain carvone and limonene, which have anti-inflammatory and carminative properties. Carvone may help relieve indigestion symptoms by relaxing the muscles of the gastrointestinal



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tract and improving digestion. Additionally, dill may have antibacterial properties that contribute to the overall health of the digestive system.

Sage essential oil, *Salvia officinalis*

Sage, known for its antioxidant properties, may also play a crucial role in supporting digestive health. Its essential oils, such as cineole and borneol, have anti-inflammatory and antimicrobial properties. These components can help reduce inflammation in the digestive tract and protect against bacterial infections. Sage may also have antispasmodic effects, helping to relieve colic and intestinal spasms.

Myrrh essential oil, *Commiphora myrrha*

Myrrh has traditionally been used for its medicinal properties, and its essential oils contain compounds such as furanoeudesma-1,3-diene, which has anti-inflammatory and antioxidant properties. These properties can help reduce inflammation in the digestive tract and promote tissue healing. Additionally, myrrh may have antimicrobial effects that help maintain a healthy balance of intestinal flora.

Frankincense essential oil, *Boswellia carterii*

Frankincense, known for its anti-inflammatory properties, can play a vital role in supporting digestive health. Its essential oils contain boswellic acids, which have been shown to reduce inflammation in the gastrointestinal tract. This may be especially beneficial for those who suffer from inflammatory bowel diseases. Additionally, incense may have analgesic properties that contribute to the relief of abdominal discomfort.

Oregano essential oil, *Origanum vulgare*

Oregano, known for its use in cooking, also has valuable medicinal properties. Its essential oils, which contain carvacrol and thymol, have powerful antimicrobial and anti-inflammatory properties. These compounds can help maintain a healthy balance of microorganisms in the gut and reduce inflammation in the digestive tract. Additionally, oregano can have carminative effects, helping to expel gas and relieve abdominal bloating.

Does Essentials Oils Digesti have contraindications?

Not recommended during pregnancy or breastfeeding, in children under 18 years of age, in case of



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gallstones, gastroesophageal reflux, gastritis or hepatopancreatic problems, or in case of a history of epilepsy, seizures or neurological pathologies.

Consult a specialist if you are taking blood thinners.

Do not use for a long time (maximum 14 days).

Not recommended in case of allergy to Apiaceas.

