

Vitawoman Evening Primrose Oil 200 Pearls





Evening primrose oil, with its abundance of polyunsaturated fatty acids, contributes to female well-being, especially during the premenstrual period. Provides optimal comfort during menstruation.

DESCRIPTION

What is Evening Primrose Vitawoman from Eladiet and what is it for?

It is a nutritional supplement that combines evening primrose oil and vitamin E. Evening primrose oil, abundant in polyunsaturated fatty acids, promotes female well-being during the premenstrual period. In turn, the vitamin E present in the supplement helps counteract cellular oxidation.

What are the ingredients in Evening Primrose Vitawoman from Eladiet?

For 1 pearl:

- 500 mg of evening primrose oil. Evening primrose contains 10% gamma linolenic acid that helps maintain comfort during menstruation.
- 45 mg of vitamin E.

What is the recommended daily dose of Evening Primrose Vitawoman from Eladiet?

Take three to eight pearls a day, with a large glass of water and with meals.

