

Valerian 60 Tablets

EAN: 8420101217206 FABRICANTE: ELADIET



Food supplement based on valerian that helps mental well-being in cases of stress or tension, contributing to optimal relaxation.

DESCRIPTION

Benefits: Valerian helps maintain natural sleep.

Instructions for use: Take 1 to 3 tablets a day, before going to bed.

Ingredients: For 1 tablet: Valerian root (*Valeriana officinalis* L.) 256 mg.

No added sugar, caffeine-free, gluten-free, lactose-free.

Do not exceed the expressly established daily dose. Store in a cool, dry place.

