

## Good Night Total 1.85 mg Melatonin 30 Tablets

EAN: 8420101217763    FABRICANTE: ELADIET



*Clinically proven food supplement that guarantees rapid falling asleep and good quality rest. Melatonin for sleep.*

### DESCRIPTION

#### What is Eladiet's Good Night Total and what is it for?

It is a food supplement based on melatonin, Gabaglicin 6® Complex, valerian, California poppy, passion flower and vitamin B3. It serves to help maintain sleep, gives an excellent quality of sleep and sleep is restful.

#### What is the composition of Eladiet's Good Night Total?

For 1 tablet:

- Gabaglicin 6® Complex 151.7 mg.
- Vitamin B6 1.4 mg.
- Valerian root dry extract 100 mg.
- Dry extract of aerial part of Passionflower 75 mg.
- Dry extract of aerial part of California Poppy 25 mg.
- Vitamin B3 16 mg.
- Melatonin 1.85 mg.

#### What is the dosage of Eladiet Total Good Night?

Take one tablet at night, half an hour before going to bed.

#### Should I take into account any warning before taking Buenas Noches Total de Eladiet?

Do not consume during pregnancy and/or lactation.

