

Good Night 60 Tablets

EAN: 8420101216155 FABRICANTE: ELADIET



Food supplement based on melatonin, GABA, valerian, California poppy, passion flower, vitamin B3 and B6.

DESCRIPTION

What is Eladiet's Good Night and what is it for?

It is a dietary supplement that contains a combination of natural ingredients, including melatonin, GABA, valerian, California poppy, passion flower, vitamin B3 and B6. It comes in a bilayer form with two phases of release.

The first layer works immediately, reducing the time it takes to fall asleep. This means that it will help you fall asleep faster. The long-acting second layer works through the night to support natural sleep, promote optimal relaxation and improve your overall sleep quality. In addition to this, the product provides vitamins B3 and B6, which are beneficial for the normal functioning of the nervous system.

In summary, this supplement offers you the possibility of enjoying a full night's sleep, thanks to melatonin that reduces the time needed to fall asleep, valerian that helps maintain a natural sleep, California poppy that contributes to optimal relaxation, and vitamins B3 and B6 which are essential for a healthy nervous system.

What is the composition of Eladiet's Good Night?

For 1 tablet:

- 100 mg dry extract of passion flower.
- 100 mg dry extract of valerian.
- GABA 100mg.
- 50 mg California poppy dry extract.
- 16 mg vitamin B3.
- 1.85mg melatonin.
- 1.4 mg vitamin B6.

What is the dosage of Eladiet's Good Night?

Prices valid except for changes on our website. (IVA/VAT) included. Doc. Version bf-trf-G-20241116
<https://bio-farma.es/buy/f/eladiet/good-night-60-tablets>



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Take one tablet at night, half an hour before going to bed.

Should I take into account any warning before taking Buenas Noches de Eladiet?

Do not consume during pregnancy and/or lactation.

