

Good Morning 30 Tablets

EAN: 8420101216063 FABRICANTE: ELADIET



Food supplement with bilayer technology that helps to fall asleep and wake up with a positive mind in the morning. Based on tryptophan, rhodiola, saffron, melatonin and vitamin B6.

DESCRIPTION

What is it and what is Good Morning Tablets for?

Food supplement with bilayer release technology that promotes restful sleep and awakening with a positive mindset. It contains ingredients like tryptophan, rhodiola, saffron, melatonin, and vitamin B6. Melatonin helps reduce the time it takes to fall asleep, while Vitamin B6 supports healthy nervous system function, promotes optimal psychological function, and fights fatigue, helping you feel more energetic.

Melatonin helps reduce the time needed to fall asleep. Vitamin B6 contributes to the normal functioning of the nervous system, to normal psychological function and to reduce tiredness and fatigue.

What is the composition of Good Morning Tablets?

For 1 tablet:

- Tryptophan (500mg).
- Rhodiola (180mg).
- Saffron(10mg).
- Vitamin B6 (1.4mg).
- Melatonin (1mg).

What is the dosage of Good Morning Tablets?

Take one tablet at night, half an hour before going to bed.

