

Stevia dried leaf 50 gr

EAN: 8436586480301 **FABRICANTE:** El Oro de los Andes



Stevia is an extremely sweet, nitrogen-free natural sweetener. In its purest form, it is 300 times sweeter than sucrose. Natura Premium dried leaves and all its derivatives are between 10 and 20 times sweeter than sugar.

DESCRIPTION

Suitable for diabetics and celiacs.

Antioxidant, bactericidal, mild diuretic and healing.

Regulates blood glucose.

Helps lower blood pressure.

Improves gastrointestinal functions.

Fights cavities and plaque.

Reduces the desire for tobacco and alcohol.

ORGANIC, GLUTEN FREE, NO ADDED SUGARS, BIO, VEGAN

Certified by:

ES-ECO-014-AN EU Agriculture

Addressed to:

Those people who wish to sweeten their drinks and desserts naturally, avoiding the use of sugars, and those people who wish to improve the functioning of their pancreas to recover the proper production of insulin, improving diseases such as diabetes mellitus 2.

Interesting facts:

Some medical studies show that the active ingredient in stevia (stevioside) induces the beta cells of the pancreas to produce significant amounts of insulin themselves, which helps reduce blood glucose, which is the cause of type 2 diabetes mellitus.

Ingredients: 100% Stevia Leaf.



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How to use: Use in infusions, confectionery, pastries, and as a sweetener in diet drinks, coffees, teas, ice creams, bakery... (Leaves and extracts).

Nutritional value:

per 100 gm

Energy value 1184kj/283 kc

fat 12g

saturated 0g

carbohydrates 9g

of which sugars 0g

fiber 24g

Proteins 28g

salt 0g

Contains iron, phosphorus, calcium, potassium, zinc and vitamin A and C

