

Biotin (Biotin Vitamin H) 310 mg 100 tablets

EAN: 8422584031850 **FABRICANTE:** El Granero Integral



Vitamin H or biotin is important for the care of skin, hair and mucous membranes. It also contributes to normal psychological function and the normal functioning of the nervous system.

DESCRIPTION

Ingredients

1 tablet provides: Vitamins: 300 µg D-biotin (vitamin H), equivalent to 600% of the NRV (Nutrient Reference Values).

- Bulking agent: microcrystalline cellulose.
- Anti-caking agent: magnesium salts of fatty acids and,
- D-biotin (vitamin H).

Instructions for use

Take one tablet daily, at mealtime.

