

Ansioebers 30 Tablets

EAN: 8436572545007 FABRICANTE: EBERS



Helps stabilize mood and combat depression. Helps fight insomnia and decreases stress and appetite.

DESCRIPTION

What is Ansioebers and what is it for?

Ansioebers is a food supplement that contains tryptophan, which is an essential amino acid used by the brain for the synthesis of Serotonin, which is necessary for the transmission of nerve impulses, responsible for restful sleep and maintaining emotional balance. For this reason, its deficit favors a decompensation of the nervous system and disturbs the state of mind. This is obtained from the seeds of Griffonia simplicifolia, which is a plant that grows in the savannah and on the plains of the west coast of Africa. Its active metabolite 5-htp is capable of increasing serotonin and melatonin levels, with greater efficiency than with the consumption of L-tryptophan.

Tryptophan must necessarily be ingested through the diet and it needs vit B6 and magnesium for the correct synthesis of serotonin. The rest of the components, such as rosmarinic acid and valeric acid, from dry extracts of its plants, strengthen and enhance the serotonergic action.

What are the ingredients in Ansioebers?

Bulking agent: E460(i), Griffonia simplicifolia dry ext. (seed) 6:1 (30% 5-HTP), Magnesium oxide, Lemon balm (Melissa officinalis L.) dry ext. (flowering top) 26:1 (2% Rosmarinic Acid), binder: corn starch, Dry Ext. (root) of Valerian (Valeriana officinalis) (0.30% Valerenic Acids), L-Ascorbic Acid (Vit. C), binder: E470b, Pyridoxine hydrochloride (Vit. B6), anti-caking agent: E551.

What is the composition of Ansioebers?

An Ansioebers capsule:

Griffonia dry extract (Griffonia simplicifolia), 5-htp (5 Hydroxytryptophan).....	175mg
Lemon balm dry extract (Melisa officinalis L.) Rosmarinic acid.....	60mg
Dry extract. Valerian (Valeriana officinalis) Valeric Acid.....	40mg
Magnesium.....	42mg
Vit C.....	20mg
Vitamin B6.....	2mg

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Does Ansioebers contain allergens?

Without gluten
Without lactose
suitable for vegans

What is the recommended dose of Ansioebers?

It is recommended to take one capsule a day during the meal (1 a day). Oral administration. Do not exceed the recommended daily dose.

