

Magnesium Carbonate 200 g

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Magnesium carbonate is a dietary supplement that provides large amounts of magnesium. Magnesium is a mineral with numerous virtues.

DESCRIPTION

Magnesium is a mineral with numerous virtues:

- Helps reduce tiredness and fatigue
- Contributes to electrolyte balance
- Contributes to normal energy metabolism
- It contributes to the normal functioning of bones, teeth and muscles.

Ingredients

Magnesium Carbonate (Magnesium 25%) 1000 mg.

Instructions for use

Take 1 teaspoon 10 minutes after main meals.

Nutritional information

Per daily dose (1000mg) Ingredient Percentage Quantity Magnesium 66.67% 250 mg

