

## Relaxen 30 Tablets

EAN: 5605481108280    FABRICANTE: DIETMED



*Relaxen is indicated for the regulation of anxiety and sleep. It has a calming and tranquilizing effect. It balances the nervous system. It is useful in cases of irritability.*

### DESCRIPTION

#### What are the benefits of Relaxen?

- Relaxing and calming activity.
- Anxiety.
- Irritability.
- Mood swings.
- Sleep changes.

### Ingredients

- *Valeriana officinalis L.* (Valerian; root extract containing at least 0.6% sesquiterpenes).
- *Passiflora incarnata* (Passionflower; aerial parts), *Humulus lupulus* (Hops; dry extract containing at least 4% rutosides).
- Bulking agent: microcrystalline cellulose.
- Anti-caking agents: magnesium salts of fatty acids, silicon dioxide, D-biotin.

### Composition Per 4 tablets:

- Hops (containing at least 4% rutosides) 600 mg.
- Passionflower 600 mg.
- Valerian (containing at least 0.6% sesquiterpenes) 600 mg.
- Biotin 100 µg (200% NRV\*).

\* Nutrient Reference Value.



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### Instructions for use

Sedative: 1 tablet 2 times a day, preferably before meals.  
For a natural sleep: 2 tablets before bedtime.

### Contraindications

Do not use during pregnancy or breastfeeding due to the presence of Hops.  
Not recommended in cases of hyperestrogenism.

### Drug Interactions and Others

Do not mix with alcoholic beverages and sedative or antihistamine medications.

