



Food supplement based on AquaMin® and vitamin D, which collaborate in the mineralization of bones, facilitating ossification and which, together with fluoride, collaborate in the maintenance of teeth.

DESCRIPTION

What are the ingredients in Osteo de Dietisa?

AquaMin® (calcium carbonate from seaweed), bulking agent: magnesium stearate, sodium fluoride and cholecalciferol.

Osteo Nutritional Information per recommended daily dose of three tablets

	3 tablets	% CDR*
Calcium	800 mg	100
Vitamin D5	µg 100	
Fluorine	2mg	57

*NRV = Nutrient Reference Value

What is the recommended daily dose of Osteo from Dietisa?

Take 3 tablets a day, with main meals.

What are the functions of the ingredients in Osteo de Dietisa?

IngredientFunction

Calcium It is necessary for the maintenance of bones in normal conditions

Vitamin D Contributes to the absorption and normal use of calcium and phosphorus

Fluorine Fluorides help maintain the mineralization of teeth

