

Mango and Aloe Juice 1L BIO

EAN: 8436029241506 FABRICANTE: DELIZUM



Delicious organic nectar that combines the antioxidant properties of mango with the great benefits of aloe vera.

DESCRIPTION

Mango and aloe vera juice is a powerful drink to regenerate and nourish our body due to the excellent combination of the properties of these fruits:

Properties of mango:

Due to its high content of vitamins A and C, malic and palmitic acids, mango is a great antioxidant that helps protect us from diseases and premature aging.

Lose weight: Mango contains 80% water, and despite its sweet taste it provides few calories, its sugars are easily assimilated, therefore, it is a recommended fruit in weight loss diets.

Antioxidant and laxative: thanks to its fiber and fructose, it facilitates the transit

intestinal and acts as a natural laxative, preventing constipation in an easy and effective way.

Mango also provides us with a large amount of minerals such as iron, magnesium, calcium...

Properties of aloe:

Aloe vera juice provides the necessary nutrients at the cellular level such as vitamins, minerals, enzymes, amino acids, polysaccharides.

Aloe vera is highly recommended for good orthomolecular nutrition, which allows cells to perform their functions properly.

