

BIO Natural Codium Barnacle Seaweed 90 g





The Barnacle Codium al Natural BIO algae is made in its own juice with seawater, at low temperature and pressure to quarantee a lower thermal impact and higher nutritional quality. This way all its properties, flavor and texture are preserved.

DESCRIPTION

Canned seaweed is a delicious way to taste its exquisite flavor.

Ingredients:

- Barnacle Algae*.
- Water.
- Salt.

Vegan. ECHO. Fiber sources.

FLAVOR:

Intense sea. It surprises with its intense **seafood flavor** that gives it its name. Barnacle algae tastes like barnacles.

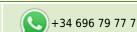
TEXTURE:

Velvety and fluffy. Soft when fresh, slightly firm when dehydrated.

PROPERTIES:

(General considerations per 100 g of dehydrated seaweed)

• Its composition stands out for its considerable content of **minerals** such as sodium, calcium or iron; as well as vitamins A, C, B1 and B2.





^{*}Organic production.



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EAN: 8436563500534 FABRICANTE: DELIALGA



• Like the rest of the algae, it is low in fats and sugars.

IDEAS TO ENJOY IT:

- It can be consumed **raw**, **cooked**, steamed, blended, pickled, as a dressing, in salads, with salpicones, in bechameles, **in seafood rice**, in omelettes, scrambled eggs, sautéed.
- Highly recommended in **tempura** .

