

## Dong Quai ST 60 Capsules

EAN: 8436608681167 FABRICANTE: CFN



*Dong Quai ST is a food supplement, also known as Chinese angelica, recognized for treating female problems such as lack of sexual desire, menopause symptoms, cramps and premenstrual syndrome. Rich in phytoestrogens, it regulates female hormones and relieves discomforts such as headaches, kidney pain, back pain and uterine cramps.*

### DESCRIPTION

What is Dong Quai ST and what is it for? It is a dietary supplement known as Chinese angelica and is mainly known for its use in the treatment of women's problems, including lack of sexual desire, menopausal symptoms, cramps and premenstrual syndrome (PMS). It is particularly useful in helping to end hot flashes and menstrual cramps. It is also used as a liver tonic and in the treatment of sciatica and shingles. It is one of the most consumed herbs in China, used as frequently as ginseng and licorice. The main property of dong quai is its ability to regulate female hormones, since it has a high content of phytoestrogens. Thanks to its analgesic, antispasmodic and anti-inflammatory properties, its regular consumption significantly relieves premenstrual symptoms and those that occur during the period, as well as those of amenorrhea and dysmenorrhea. Some of the discomforts it helps reduce are: Headache Kidney and back pain Uterine contractions and cramps Mood changes What is the nutritional analysis of Dong Quai ST? Composition: Per capsule ES Standardized of Dong Quai-ra z (Anglica sinensis) 1% lingustidos300 mg What is the recommended daily dose of Dong Quai ST? Take two or three capsules a day.

