

## Barley Grass Powder Raw Juice Powder 150 g

EAN: 5412360020959 FABRICANTE: BIOTONA



*Biotona Barley Grass is powdered from young barley shoots. It is a bio and vegan product.*

### DESCRIPTION

#### What is Barley Grass and what is it for?

Biotona Bio Barley Grass Juice Powder is a product made from young barley shoots harvested just before the grains form. At this time, the sprouts contain a higher concentration of phytonutrients. The powder is obtained using the EverRAW procedure, which is an innovative and unique method that guarantees the freshness and quality of the product. The barley grass juice is pressed and quickly dried in just 2 minutes, at a temperature no higher than that of the human body. From the moment of collection to obtaining the powder, the process does not take more than two hours in total, which allows preserving all the vitamins, minerals and enzymes present in the barley grass. The deep green color of the powder is due to its high chlorophyll content, which is known as 'plant haemoglobin'.

#### What is the nutritional value of barley grass?

##### AVERAGE NUTRITIONAL VALUE per 100g

Energetic value	1421 kJ 336 calories
fats	4.2g
of which saturates	1.5g
carbohydrates	45g
of which sugars	21g
dietary fibers	6g
proteins	26g
Salt	3.3g

#### What are the ingredients of Barley Grass?

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- USA *Hordeum vulgare* barley grass juice powder\* (100%). \*Ecological cultivation\*\*


### How should I use Barley Grass?

Add Biotona Bio Barley Grass Raw to your smoothies and shakes in combination with (juice of) fruit, other superfoods or simply in (vegetable) milk or yoghurt, as you prefer.

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