

Candismic Plus 30 Capsules

EAN: 8427268010213 FABRICANTE: BIOSERUM



With caprylic acid, grapefruit, oregano, propolis, bromelain and papain. Contains Vitamin A that contributes to the normal functioning of the immune system. Supported by scientific studies.

DESCRIPTION

Candida albicans is a fungus that is found in small quantities in the vagina, digestive system and on the skin. If it is present in an adequate proportion with the rest of the bacteria that make up the microbiota, it does not cause infection or symptoms. Often, an unbalanced diet rich in carbohydrates and sugars favors the increase of Candida albicans.

Other causes of the increase in Candida albicans may be excessive use of antibiotics, hormonal changes, excessive alcohol intake, excessive and prolonged humidity, weakened immune system, use of underwear made of synthetic materials, etc.

Excess Candida is most noticeable in the vagina, causing abnormal vaginal discharge, burning and itching. In the mouth it causes canker sores.

Studies at the Faculty of Chemistry at the University of Murcia have determined that Candismic Plus contains 12 volatile principles with antifungal (63% of the total volume), antibacterial, antioxidant and anti-inflammatory functions.

In 2017, a study was conducted in 20 pharmacies in Navarra, in which the symptoms of 100% of the population were reduced throughout the treatment.

75% of the population analysed did not present a recurrence of the pathology during the follow-up period and 100% of the responses analysed confirmed that they would take the product again or recommend it to their family and/or friends.

Studies carried out at the Faculty of Chemistry at the University of Murcia have determined that it contains:

12 volatile active ingredients with antifungal (63% of the total volume), antibacterial, antioxidant and anti-inflammatory functions.

Anti-inflammatory effect due to the inhibition of 31.6% of 15-lipoxygenase, reducing the production of leukotrienes and lipoxins. This inhibition reduces inflammation in the affected areas and therefore the



Candismic Plus 30 Capsules

EAN: 8427268010213 FABRICANTE: BIOSERUM



discomfort associated with Candida overgrowth.

Antifungal on deep tissues thanks to the enzymes papain and bromelain, which facilitate the absorption of the Active Ingredients.

Contains caprylic acid and a high concentration of naturally occurring thymol, which very effectively regulate the growth of both normal and resistant strains of Candida albicans.

Ingredients for 2 capsules:

Sodium caprylate 535 mg
Standardized nebulized extracts of:
Oregano (Origanum vulgare L.) 300 mg
Grapefruit (Citrus grandis (L.) Osbeck) 100 mg
Papain 80 mg
Propolis 60 mg
Bromelain 50 mg

Vitamin A 800 µg RE 100% NRV*

Anti-caking agent (magnesium stearate), volume increaser (microcrystalline cellulose), capsule (vegetable gelatin).

DIRECTIONS FOR USE: take one capsule before the 2 main meals with plenty of water.

RECOMMENDED DAILY DOSE: 2 capsules a day.

Additional information



Candismic Plus 30 Capsules

EAN: 8427268010213

FABRICANTE: BIOSERUM



INGREDIENTS

Ingredients per 2 capsules:

Sodium caprylate 535 mg

Standardized nebulized extracts of:

Oregano (*Origanum vulgare* L.) 300 mg

Grapefruit (*Citrus grandis* (L.) Osbeck) 100 mg

Papain 80 mg

Propolis 60 mg

Bromelain 50 mg

Vitamin A 800 µg RE 100% NRV*

Anti-caking agent (magnesium stearate), volume increaser (microcrystalline cellulose), capsule (vegetable gelatin).

DIRECTIONS FOR USE

DIRECTIONS FOR USE: take one capsule before the 2 main meals with plenty of water.

RECOMMENDED DAILY DOSE: 2 capsules a day.

WARNINGS

Store in a cool, dry place. Food supplements should not be used as a substitute for a balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. Keep out of reach of children.

NET WEIGHT

23.34g

RECOMMENDATIONS

Recommendations to prevent the proliferation of *Candida albicans*.

- After prolonged intake of antibiotics, it is recommended to take intestinal probiotics (prosimbiotic or prosimbiotic plus) after treatment.
- Avoid prolonged humidity, drying properly after swimming in the pool or the sea.
- Maintain good hygiene.
- Make changes to your diet by reducing your intake of alcohol, sugars and carbohydrates.

FOODS THAT "FEED CANDIDA" (Restricted):



Candismic Plus 30 Capsules

EAN: 8427268010213 **FABRICANTE:** BIOSERUM



1 - SUGARS

Sugar

Honey

Syrup

Chocolate

Fruit

2- DRINKS

Alcohol

Whoever

contains sugar or

sweeteners or

food not

allowed in the diet.

Coffee

Black and green tea (with

theine)

Energy drinks

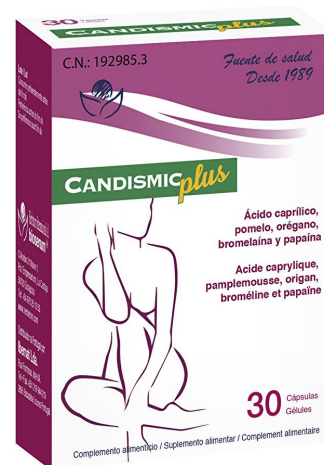
Isotonic drinks.

Malt beverages



Candismic Plus 30 Capsules

EAN: 8427268010213 FABRICANTE: BIOSERUM



Fruit juices

Rice milk

Soy milk

Oat milk

Horchata

3- CEREALS AND

DERIVATIVES:

Any food that

have wheat, rye,

barley, oats (bread,

pasta, empanadas,

quiche etc)

Spelt

Corn

Popcorn

White rice

Paste.

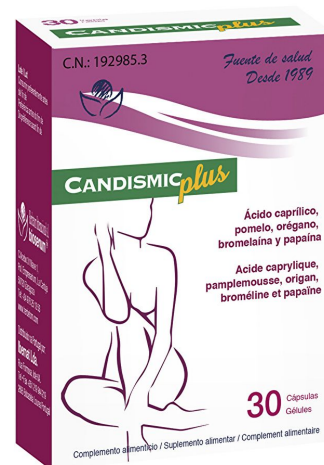
4- VEGETABLES

Potato



Candismic Plus 30 Capsules

EAN: 8427268010213 **FABRICANTE:** BIOSERUM



Carrot

Beet

Sweet potatoes

5- MEATS

Sausages

Processed meats

(sausages,

burgers...)

Smoked meats or

vacuum packed

6- FISH

White fish

Seafood.

9 - NUTS

Cashews

Peanuts

Pistachios

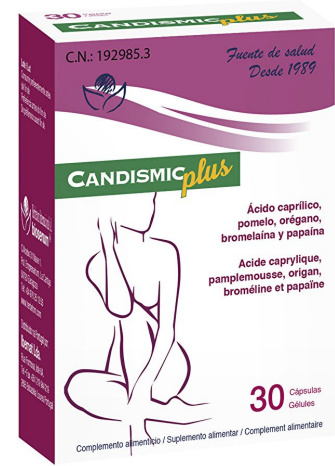
10- LEGUMES

Beans



Candismic Plus 30 Capsules

EAN: 8427268010213 FABRICANTE: BIOSERUM



Chickpeas

Lentils

Peas

Soy and derivatives (tofu,
yofu, soy milk etc)

Cocoa

11- FUNGI AND MOLDS

Mushrooms

Mushrooms

Truffles

13 - OILS AND FATS

Soybean oil

Margarine

Butter

Lard

ALLERGENS

Guy

Cereals containing gluten and derivatives
Crustaceans and crustacean products
Eggs and egg products

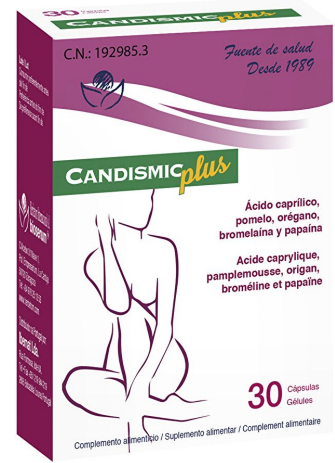
Candismic plus

No
No
No



Candismic Plus 30 Capsules

EAN: 8427268010213 FABRICANTE: BIOSERUM



Fish and fish products	No
Peanuts and peanut products	No
Soy and soy products	No
Milk and derivatives (lactose)	No
Nuts (dried fruits)	No
Celery and derivatives	No
Mustard and derivatives	No
Sesame and derivatives	No
Sulfur dioxide and sulfites > 10 mg/kg or 10 mg/l expressed as SO ₂	No
Lupins and derivatives	No
Mollusks and derivatives	No

