

BIO 3 Horsetail 25 Filters

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It facilitates the elimination of liquids, helping to maintain your health and figure.

DESCRIPTION

Nowadays, changes in eating habits such as excess salt in food and a sedentary lifestyle contribute to increasing the number of people with impaired kidney function and **fluid retention**.

Horsetail has traditionally been used in Europe as a **diuretic** due to the **flavonoids** and **mineral salts** it contains, which increase urine production, thus reducing swelling and **fluid retention**.

In this infusion it is complemented with **Mallow and Hibiscus**, enhancing its properties.

- Useful for **fluid retention** and edema. Promotes **organic purification** and weight loss in obese or overweight people.
- In **genitourinary conditions**, such as annoying cystitis, urethritis, nephritis and to prevent the formation of kidney stones.
- As an adjuvant in the treatment of **mild or moderate hypertension**.

Instructions for use

Heat **water without letting it boil**, add one bag per cup and let it **sit for 3 minutes**.

We recommend taking a **horsetail infusion after lunch and one after dinner**.

Composition

Horsetail - Equisetum Arvense (60%), Malva Sylvestris (20%), Hibiscus Sabdariffa (20%).

Case with 25 ecological filter bags of 1.5 g.

