

Bimanan smoothie oatmeal strawberry banana 420 grams

EAN: 3175681277397 FABRICANTE: BIMANAN



Bimanan beslim strawberry, banana and oatmeal smoothie is tasty, with a balanced nutritional composition and a very rich flavor that will help you lose weight and control your weight. bimanan smoothie beslim has a creamy texture, contains vitamins and minerals and is prepared with skimmed milk or a vegetable drink.

DESCRIPTION

What is Bimanan smoothie beslim strawberry-banana?

Bimanan strawberry-banana smoothie is a meal replacement for weight control.

Bimanan strawberry-banana smoothie is a powder suitable for preparing a shake, based on oat bran, strawberry and banana. Bimanan strawberry-banana smoothie contains vitamins and minerals. Bimanan strawberry-banana smoothie is made with 200ml of milk, better skimmed.

How to consume bimanan smoothie beslim?

Bimanan strawberry-banana smoothie is indicated to replace one or two meals a day, with one or two shakes.

How to prepare Bimanan smoothie beslim strawberry-banana?

Bimanan strawberry-banana smoothie is prepared by pouring the content of four dispensers, included in the package, into 200 ml of skimmed milk. Next, stir vigorously until completely dissolved.

What is the nutritional value of bimanan smoothie beslim strawberry-banana?

The nutritional value of bimanan strawberry-banana smoothie is:

Valor Nutricional por cada 100g	% Valores de Referencia de Nutrientes (VRN) por cada 100g	Valor Nutricional por unidad	% Valores de Referencia de Nutrientes (VRN) por unidad
Valor energético (kcal)	371		203
Valor energético (kJ)	1566		857
Grasas de las cuales (g)	5.7		2.2

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Grasas saturadas (g)	1.1	0.6		
Hidratos de carbono de los cuales (g)	56	30		
Azúcares (g)	11	14		
Fibra alimentaria (g)	10	3.5		
Proteínas (g)	19	14		
Sal (g)	0.48	0.48		
Vitamina A (µg)	818	102	288	36
Vitamina C (mg)	112	140	39	49
Vitamina D (µg)	6.7	134	2.3	46
Vitamina E (mg)	20	167	7	58
Biotina (µg)	53	106	19	38
Vitamina K (µg)	65	87	23	31
Vitamina B1 (Tiamina) (mg)	2.1	191	0.8	73
Vitamina B2 (Riboflavina) (mg)	2.4	171	1.2	86
Niacina (mg)	18	113	6.7	42
Vitamina B6 (mg)	2.7	193	1	71
Vitamina B5 (ácido pantoténico) (mg)	9.5	158	3.3	55
Vitamina B9 (ácido fólico) (µg)	0.187	94	0.0799	40
Vitamina B12 (Cobalamina) (µg)	1.2	48	1.3	52
Potasio (mg)	1456	73	859	43
Calcio (mg)	494	62	436	55
Fósforo (mg)	503	72	395	56
Magnesio (mg)	358	95	150	40
Hierro (mg)	13	93	4.6	33
Zinc (mg)	13	130	5.5	55
Cobre (mg)	1.1	110	0.38	38
Manganeso (mg)	3	150	1	50
Selenio (µg)	64	116	24	44
Yodo (µg)	178	119	72.6	48

What is the composition of bimanan strawberry-banana smoothie ?

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Maltodextrin, skimmed MILK powder, SOYA oil powder (SOYA oil, glucose syrup, MILK proteins, natural flavor), MILK proteins (emulsifier (SOYA lecithins), inulin, OAT bran (7, 1%), hydrolyzed WHEAT proteins, minerals (potassium citrate, magnesium carbonate, calcium salts of orthophosphoric acid, iron diphosphate, zinc sulfate, potassium iodide, manganese sulfate, copper gluconate, sodium selenite), flavorings (contains MILK), strawberry powder (maltodextrin, dehydrated strawberry, acidity corrector (citric acid)) (1.4%), thickener (carboxymethylcellulose), fermented skimmed MILK powder, banana powder (dehydrated banana, maltodextrin) (1.1%), gelling agent (agar-agar), concentrated beet juice powder (maltodextrin, beet juice concentrate, acidity regulator (citric acid)), vitamins (L-ascorbic acid, DL-alpha tocopheryl acetate, Nicotinamide, Retinyl Acetate, D-Calcium Pantothenate, Cole calciferol, thiamin hydrochloride, pyridoxine hydrochloride, cyanocobalamin, riboflavin, phylloquinone, pteroylmonoglutamic acid, D-biotin), antioxidant (extract rich in tocopherols).

Does Bimanan strawberry-banana smoothie contain allergens?

Bimanan strawberry-banana smoothie may contain: lupine, celery, nuts, egg, sesame and its derivatives.

Tips of bimanan smoothie beslim for a weight loss

For a slimming diet with bimanan smoothie it is recommended:

Drink 2 liters of water a day.

It is important to follow a varied and balanced diet and a healthy lifestyle.

Meal replacements for weight control should be consumed with other foods as part of a low-energy diet.

To achieve the claimed effect, one or two of the main meals each day should be replaced by substitutes.

It is important to conform to the conditions of use.

Meal replacements for weight control are only good for their intended purpose, that is, weight loss and subsequent won of bimanan smoothie beslim strawberry-banana?eight maintenance, as part of a low-calorie diet in combination with other foods.

