

## Bimanan befit strawberry smoothie 450 grams

EAN: 3175681237315 FABRICANTE: BIMANAN



Bimanan befit is a strawberry-flavored shake rich in protein and therefore indicated to strengthen your muscles, it also contains fiber, 8 vitamins and 4 minerals.

### DESCRIPTION

#### What is Bimanan befit strawberry milkshake?

Bimanan befit strawberry shake is a shake very rich in proteins indicated to tone muscles.

#### How to consume bimanan befit strawberry shake?

Bimanan befit strawberry shake should be consumed dissolved (four scoops) in 200 ml of water.

#### How to prepare bimanan befit strawberry milkshake?

Bimanan befit strawberry milkshake must be prepared before consuming it: Pour about 200 ml of water into a container and add 4 level scoops of product. then shake vigorously with a shaker cup or with rods until completely dissolved.

#### What is the nutritional value of bimana befit strawberry shake?

The nutritional value of bimanan befit strawberry is:

Valor Nutricional por cada 100g	% Valores de Referencia de Nutrientes (VRN) por cada 100g	Valor Nutricional por unidad	% Valores de Referencia de Nutrientes (VRN) por unidad
<b>Valor energético (kcal)</b>	317		95
<b>Valor energético (kj)</b>	1334		400
<b>Grasas de las cuales (g)</b>	2.1		0.6
Grasas saturadas (g)	1.1		0.3
<b>Hidratos de carbono de los cuales (g)</b>	12		3.6
Azúcares (g)	7.6		2.3
<b>Fibra alimentaria (g)</b>	21		6.3
<b>Proteínas (g)</b>	52		16



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Sal (g)	3		0.9	
Vitamina A (µg)	950	119	285	36
Vitamina C (mg)	95	119	29	36
Vitamina D (µg)	6	120	1.8	36
Vitamina E (mg)	14	117	4.2	35
Vitamina B1 (Tiamina) (mg)	2.2	200	0.66	60
Vitamina B2 (Riboflavina) (mg)	2.2	157	0.66	47
Vitamina B6 (mg)	2.3	164	0.69	49
Vitamina B9 (ácido fólico) (µg)	260	130	78	39
Calcio (mg)	950	119	285	36
Magnesio (mg)	478	127	143	38
Hierro (mg)	22	157	6.6	47
Zinc (mg)	14	140	4.2	42

VRN = Valores de Referencia Nutricionales

- \*Aporte nutricional diario para un adulto (8400 kJ/2000kcal)
- Una porción equivale a 30 g

### What is the composition of bimanan befit cappuccino shake?

The composition of bimanan befit cappuccino milkshake is:

MILK proteins, dietary fiber (inulin, fructooligosaccharides), fat-reduced cocoa powder, skimmed MILK powder, thickener (sodium carboxymethylcellulose), minerals (magnesium carbonate, calcium carbonate, sodium chloride, iron diphosphate, zinc sulfate), aromas (colorant (ammonium caramel)), acidity regulator (potassium citrate), emulsifier (SOYA lecithin), sweeteners (acesulfame K, aspartame), vitamins (L-ascorbic acid, DL-alpha tocopheryl acetate, acetate retinyl, pyridoxine hydrochloride, cholecalciferol, thiamine hydrochloride, riboflavin, pteroylmonoglutamic acid (folic acid)). It contains a source of phenylalanine.

### Does bimanan befit strawberry shake contain allergens?

Bimanan befit strawberry shake may contain: lupine, celery, sesame, cereals containing gluten, nuts, eggs





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and their derivatives.

### **Tips of bimanan befit strawberry milkshake:**

It is recommended to drink 2 liters of water a day.  
It is important to follow a varied and balanced diet and a healthy lifestyle.

### **Bimanan befit strawberry Shake Warnings:**

biManán beFIT products should not be consumed as the only nutritional contribution, but should be accompanied by other foods.


This product is not recommended for children, adolescents, the elderly, pregnant and lactating women and in cases of hypercalcaemia, hypercalciuria, hemochromatosis and kidney failure.

In case of serious or chronic illness, consult a doctor first.

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