

# Vitamin D Oral Spray 15 ml

**EAN:** 96032879 **FABRICANTE:** BETTER YOU



The optimal daily spray booster providing 3000 IU of bioavailable vitamin D3. Suitable for vegetarians.

#### **DESCRIPTION**

#### **Details**

At 3000 IU per spray, Vitamin D3000 Oral Spray provides the optimal dosage for adults living in the Northern Hemisphere in a single daily spray.

Formulated to provide optimal nutritional delivery, each spray delivers Vitamin D in microscopically sized droplets that coat and permeate the soft tissue of the inner cheek, delivering essential nutrients to the rich venous system beneath.

This allows the formula to quickly enter the bloodstream for optimal absorption.

## Importance of vitamin D

Vitamin D promotes calcium absorption, helps maintain healthy bones and teeth, supports a healthy immune system and contributes to normal muscle function.

#### Who needs it?

Due to changes in our diet and increasingly demanding internal lifestyles, everyone should strive to maintain healthy levels of vitamin D throughout the year.

However, the Department of Health describes the following groups as "at risk" and should seriously consider taking supplements:

- All pregnant and breastfeeding women.
- Babies and toddlers under 5 years of age.
- People over 65 years old.
- People with little or no sun exposure.
- Darker-skinned people.





# **Vitamin D Oral Spray 15 ml**

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#### Instructions for use

Initial use: press the dispenser 3 times to let the liquid flow.

Shake well before each use. Spray carefully into the mouth, ideally on the inside of the cheek, and hold for a few seconds.

Replace the cap after use.

#### Dose

1 spray provides 3000 IU of vitamin D.

Use 1 spray daily (or as directed by your doctor).

It does not need to be taken with food or water, it can be taken at any time of the day and combined with our other oral sprays.

## Conservation

Once opened, use within 6 months.

Store at room temperature and out of direct sunlight.

Keep out of the reach and sight of children.

### **Safety information**

Do not exceed the recommended dose. Contains xylitol: excessive consumption may produce laxative effects.

Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle.

# **Suitable for**

- Adults.
- Children over 13 years old.
- Vegetarians.





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- People who follow a gluten-free diet.
- There are no known contraindications with prescription medications.

# **Ingredients**

Water, diluent (xylitol), emulsifiers (acacia gum and sunflower lecithin), cholecalciferol (vitamin D3), acidity regulator (citric acid), preservative (potassium sorbate), flavouring (natural mint oil).

### **Nutritional Information**

Nutritional Information Each daily dose (1 spray) contains NRV

Vitamin D3 3000IU / 75?g 1500%

\*Nutrient Reference Value

