

## Chyawan Prash 250 gr

EAN: 8436012052270 FABRICANTE: AYURVEDA



*Delicious jelly made with fresh fruit, aromatic herbs and spices. Made with 44 ingredients, following the ancient formula of Ayurveda.*

### DESCRIPTION

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He Chyawanprash is a kind of jelly formulated more than 3000 years ago and is considered one of the most appreciated gifts in Ayurveda. Its main component is fresh AMLA, the fruit of *Emblica officinalis*, very rich in vitamin C which, with the mixture of 53 other plants.

#### Instructions for use

It comes in the form of jelly. Dissolve 1 or 2 dessert spoons in a glass of milk or hot water. It can also be eaten alone or spread on bread or biscuits. Keep refrigerated once opened.

