

## Chyawan Prash 250 gr

EAN: 8436012052270 FABRICANTE: AYURVEDA



Delicious jelly made with fresh fruit, aromatic herbs and spices. Made with 44 ingredients, following the ancient formula of Ayurveda.

## DESCRIPTION

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He Chyawanprash is a kind of jelly formulated more than 3000 years ago and is considered one of the most appreciated gifts in Ayurveda. Its main component is fresh AMLA, the fruit of Emblica officinalis, very rich in vitamin C which, with the mixture of 53 other plants.

## Instructions for use

It comes in the form of jelly. Dissolve 1 or 2 dessert spoons in a glass of milk or hot water. It can also be eaten alone or spread on bread or biscuits. Keep refrigerated once opened.

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