

Yarrow magnesium and calcium 14 Effervescent tablets



EAN: 8470001762382 **FABRICANTE:** AQUILEA

Aquilea Calcium + Magnesium effervescent tablets, is a food supplement. Aquilea Magnesium and Calcium also contains vitamin D and vitamin K2. Calcium is very essential for the normal maintenance of bones under normal conditions, vitamin D contributes to the absorption of calcium and phosphorus and vitamin K and magnesium contribute to the maintenance of bones under normal conditions.

DESCRIPTION

What is Aquilea Magnesium and Calcium effervescent tablets?

Aquilea Magnesium and Calcium effervescent tablets is a food supplement. Calcium is a mineral whose most important function is to form part of the structure of bones and teeth. Magnesium makes it easier for calcium to be deposited in the right place.

What is Aquilea Magnesium and Calcium effervescent tablets used for?

Aquilea Magnesium and Calcium serves to maintain strong bones and teeth. From the age of 30 our body begins to use the stored calcium and the calcium reserves of our body are depleted. From the age of 30, the calcium we consume no longer accumulates in our body, and since normally the calcium we consume with food is not enough, an extra contribution is needed.

What uses does Aquilea Magnesium and Calcium effervescent tablets have?

Aquilea Magnesium and Calcium effervescent tablets are indicated for the maintenance of bones, in women over 45 years of age, in people with a calcium-deficient diet and in people with a higher calcium requirement due to taking other medications.

How do you take Aquilea Magnesium and Calcium effervescent tablets?

Aquilea Magnesium and Effervescent Calcium is taken orally, one effervescent tablet a day. The effervescent tablets must be diluted in a glass of water and taken immediately once dissolved.

What are the ingredients of Aquilea Magnesium and Calcium effervescent tablets?

The ingredients of Aquilea Magnesium and Calcium effervescent tablets are: Calcium carbonate and tricalcium phosphate (800mg, 100% NRV*), magnesium oxide and magnesium carbonate (187.5mg, 50% NRV*), Vitamin K2 (75mcg, 100% NRV*), Vitamin D3 (5mcg, 100%NRV*).

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