

## Magnesium and potassium 28 Effervescent tablets

EAN: 8470001789419    FABRICANTE: AQUILEA



The magnesium and potassium in effervescent tablets of Aquilea is a food supplement indicated when there is a magnesium deficiency that can be noticed because there is fatigue, tiredness, cramps, muscle weakness. In the case of athletes, when they sweat, they lose minerals such as potassium, so it is indicated for the recovery of the loss of minerals and muscle tone.

### DESCRIPTION

#### What is Aquilea magnesium and potassium effervescent tablets and what is it for?

Aquilea magnesium and potassium effervescent tablets is a food supplement that is used in cases of fatigue, cramps, loss of minerals due to excessive sweating, muscle weakness.

#### What uses does Aquilea magnesium and potassium effervescent tablets have?

Magnesium and potassium effervescent tablets are used to restore muscle tone, to prevent cramps and to maintain electrolyte balance.

#### What are the benefits of magnesium and potassium effervescent tablets from Aquilea?

The benefits of magnesium and potassium in Aquilea effervescent tablets is that it provides energy, restores minerals lost when there is excessive sweating and helps restore muscle tone.

#### How do you take Magnesium and Potassium Aquilea effervescent tablets?

Magnesium and potassium effervescent tablets are indicated to take one effervescent tablet a day, dissolved in a glass of water.

#### What is the composition of Aquilea magnesium and potassium effervescent tablets?

The composition of Aquilea magnesium and potassium effervescent tablets is: Magnesium 375 mg (100% NRV\*) in the form of 1,000 mg of magnesium bisglycinate, 700 mg of magnesium carbonate and 176 mg of magnesium oxide. 375 mg of potassium carbonate hydroxide (19% NRV\*).

In our online parapharmacy you will find this and other products.

