

Burger seitan shitake peppers Id bio 160 gr

EAN: 8436033361061 **FABRICANTE:** AHIMSA



Seitan is a rich source of plant protein that can help build and repair muscle tissue. Shiitakes are good antioxidants, vitamin D, and beta-glucans, which can help improve immune function. Bell peppers, on the other hand, are a source of vitamin C and antioxidants that can help protect cells from oxidative damage. This burger is also low in saturated fat and represents a good alternative to a more environmentally and animal-friendly diet.

DESCRIPTION

Ingredients

Water, peppers* (red* and green*) (21.3%), OAT flakes*, WHEAT GLUTEN*, shiitake mushrooms* (Lentinula edodes cultivated)(6.6%), olive oil*, onion*, tomato*, sea salt, spices*(contains CELERY*), cane sugar*, yeast extract*.

*From organic farming.

