



## Burger oats quinoa and vegetables Id bio 160 gr

EAN: 8436033361085

FABRICANTE: AHIMSA



*This recipe with such varied ingredients makes it one of the most appealing. Oats are rich in fiber and protein, making them a good option to help maintain satiety. Quinoa, another vegetable protein, provides fiber and minerals such as iron and magnesium. Vegetables contain vitamins, antioxidants and fiber.*

### DESCRIPTION

#### Ingredients

Water, wheat gluten\*, borage\* (14.4%), cooked quinoa\* (14.4%) (water, quinoa\*, sea salt), oat flakes\*(13.5%), extra virgin olive oil (3.5%)\*, onion\*, sea salt, spices\*.

\*From organic farming.

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