

## Levure de Riz Rouge au Q10 60 Gélules Végétales

EAN: 8435110852102 FABRICANTE: NATURLIDER



*La levure de riz rouge Naturlider avec coenzyme Q10 est hypolipidémiante, réduit l'assimilation du cholestérol et diminue l'absorption du cholestérol dans l'intestin.*

### LA DESCRIPTION

#### What is Naturlider Red yeast rice with coenzyme Q10 and what is it for?

Naturlider red yeast rice with coenzyme Q10 is lipid-lowering: the monacolin K contained in red yeast rice is a prodrug that hydrolyzes in the body and transforms into mevinolinic acid, which is a structural analog of 3-hydroxy-methyl -glutaryl (HMG), so it binds to the enzyme HMG-CoA reductase, blocking the passage of HMG to mevalonic acid, and consequently inhibits the endogenous synthesis of cholesterol in one of its first phases. This action is reinforced in the formula by its content in Coenzyme Q10.

Naturlider red rice yeast with coenzyme Q10 reduces cholesterol assimilation, due to the mucilage present in flaxseeds (3-9% mucilage). Also, it decreases the absorption of cholesterol in the intestine: phytosterols have a structure similar to cholesterol, however the human body cannot absorb them. In fact, when these substances are ingested in the context of a normal diet, phytosterols interfere with the absorption of cholesterol in the human intestine, causing a decrease in blood cholesterol concentrations.

#### What are the properties of Naturlider red yeast rice with coenzyme Q10?

The properties of Naturlider red yeast rice with coenzyme Q10 are:

- Lipid-lowering: monacolin K contained in red yeast rice, is a prodrug that is hydrolyzed in the body and is transformed into mevinolinic acid, which is a structural analog of 3-hydroxy-methyl-glutaryl (HMG), so it binds to the enzyme HMG-CoA reductase, blocking the passage of HMG to mevalonic acid, and consequently inhibits the endogenous synthesis of cholesterol in one of its first phases. This action is reinforced in the formula by its content in Coenzyme Q10.
- Reduction of cholesterol assimilation: due to the mucilages present in flax seeds (3-9% of mucilages).
- Decreased absorption of cholesterol in the intestine: phytosterols have a structure similar to cholesterol, however the human body cannot absorb them. In fact, when these substances are ingested in the context of a normal diet, phytosterols interfere with the absorption of cholesterol in the human intestine, causing a decrease in blood cholesterol concentrations.

#### In which cases is Naturlider red yeast rice with coenzyme Q10 indicated?

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<https://bio-farma.es/acheter/ff/naturlider/levure-de-riz-rouge-au-q10-60-gelules-vegetales>



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Naturlider red yeast rice with coenzyme Q10 is indicated in the prevention of the risk of coronary heart disease or with high values of total cholesterol and LDL cholesterol. It is recommended in patients with primary hypercholesterolemia together with adequate dietary treatment, especially when the response to diet and other non-pharmacological measures has been insufficient.

### What is the dosage of Naturlider red yeast rice with coenzyme Q10?

You should take one capsule orally daily, in the evening with a glass of water.

### Does Naturlider red yeast rice with coenzyme Q10 have contraindications?

It is contraindicated in the case of taking statins or fibrates. They cannot be taken together. It is also contraindicated in the case of pregnant and lactating women and in children under five years of age.

